

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skill Domain	Personal Care
Skill Category	Elimination Management
Skill Standard Title	Provide perineal and catheter care
Skill Standard Descriptor	Drain urinary output from in-dwelling catheter bags. Perform perineal catheter care
Proficiency Level	Level 1 <i>Previously 'Basic II' under CCSSF</i>
Source Code	CCSSF-PC-EM-2002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Communication with client, which may include: ○ Greeting ○ Explaining process ○ Having conversations ○ Checking on client readiness ○ Creating small talk ○ Acquiring information ○ Checking history (e.g. past events, actions, etc.) • Perineal catheter care, which may include: ○ Cleaning processes ○ Regularity of cleaning ○ Cleaning routines ○ Preventive measures against infections • Requisites for perineal catheter care, which may include (not limited to): ○ Urine bag ○ Alcohol swabs ○ Protective sheet ○ Cotton wool balls ○ Intake and output charts ○ Measuring jugs ○ Personal protective equipment • Contingent situations during perineal catheter care, which may include (not limited to): ○ Bleeding ○ Pain ○ Urinary tract infection • Organisational procedures in relation to:

	○ Preparing requisites for perineal and catheter care ○ Communicating with client ○ Preparing environment for perineal and catheter care ○ Performing perineal care ○ Performing catheter care ○ Checking to ensure potency of catheter ○ Assisting client to put on clothes ○ Escalating any contingent situations during perineal and catheter care ○ Reinstating environment and all items used ○ Changing urine bag (excluding catheter) ○ Completing reports / documents ● Reporting requirements for urine tracking, which may include: ○ Amount ○ Colour ○ Clarity ● Provisions of National Infection Prevention and Control Guidelines for Long Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene ● Legal and/or Industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: ● Prepare requisites for perineal catheter care in accordance with organisational procedures ● Communicate with client in relation to perineal catheter care in accordance with organisational procedures ● Prepare environment for perineal catheter care (i.e. protective sheet, etc.) in accordance with National Infection Prevention and Control Guidelines ● Put on personal protective equipment in preparation for urinary catheterisation in a sterile environment ● Perform perineal care in accordance with organisational procedures

	• Perform catheter care in accordance with organisational procedures • Check to ensure potency of catheter (e.g. blocking, kinking, etc.) • Assist client to put on clothes in accordance with organisational procedures • Escalate any contingent situations during perineal and catheter care in accordance with organisational procedures • Reinstate environment and all items used in accordance with organisational procedures • Change urine bag (excluding catheter) in accordance with organisational procedures • Complete reports / documents in accordance to legal requirements, organisational policies and procedures
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: • Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: • Perform perineal and catheter care in accordance with organisational procedures • Practise infection control in accordance with National Infection Prevention and Control Guidelines • Complete reports / documents in accordance to legal requirements, organisational policies and procedures